

## **o50s Boccia**

### **2010**

10 teams from 7 groups now participated on the programme. The participating groups included: -

- Ballycumber ARG<sup>1</sup> - 2 teams (mixed)
  - Ballycumber Mens' Group - 2 teams (men)
  - Banagher ARG - 1 team (mixed)
  - Belmont Mens' Club – 1 team (men)
  - Clareen ARG - 1 team (mixed)
  - Clonbullogue ARG - 2 teams (1 men and 1 women)
  - Rahan Mens' Group - 1 team (men)
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### **2009**

25 people from five groups participated in the 2009 league. The participating groups included: -

- Ballycumber (men)
  - Banagher (men)
  - Belmont (men)
  - Clonbullogue (men)
  - Rahan (men)
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### **2008**

In an effort to encourage older men to become more active more often, Offaly Sports Partnership with the support of Go for Life and the Health Services Executive established an Older Men in Sport working group.

An initial consultation was held at which 25 men were in attendance. The day was facilitated by Frank Fahey of Fizzical, Martina Mullin of Go for Life and members of the Older Men in Sport working group; and discussions revolved around the barriers to older men participating in sport, the importance of physical activity and the development of a potential programme of physical activities

Following on from the success of the day, a second Older Men in Sport consultation day took place where a pilot programme of activities was drawn up in which four groups participated: -

- Ballycumber (men)
- Belmont (men)
- Clonbullogue (men)
- Rahan (men)

This programme was the foundation for the o50s boccia league.

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<sup>1</sup> ARG – Active Retirement Group